

THE CARENTING GENERATION

Around
4 MILLION
people in the UK
are supporting an
elderly relative

- many struggle to get
the help they need!

WHAT ARE CARENTS? noun • [ca'rents]

Our word for adults caring
for elderly relatives or
friends in the community

WHAT IS CARENTING? verb • [ca'rent-ing]

Our word for the
multitude of activities
Carents undertake as first
aiders, homemakers, care
coordinators, personal
shoppers, chauffeurs,
secretaries and financial
or legal advisers.

THE CARENTS ROOM MISSION

To make Carenting and
ageing a happier, healthier
and more engaged
experience.

Founded by Dr Jackie
Gray, a dual qualified
GP and Consultant in
Public Health Medicine
with over 30 years of
experience tackling the
consequences
of ageing in individuals
and communities.

The Carents Room is a
one-stop for Carents,
informed by cutting edge
research and expert
public health guidance
to help you understand:

- 1 WHAT TO EXPECT?
- 2 WHAT TO ASK?
- 3 WHERE TO GET EXPERT HELP?

The first website DEDICATED TO CARENTS & CARENTING

The Carents Room... a safe space just
for you, with resources available in...



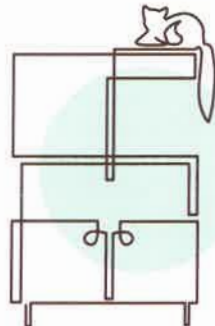
THE BOOKCASE

which contains expert
information, **advice
and guidance**



THE ARM CHAIR

a place for **self care**
and making time
for your own health
and wellbeing



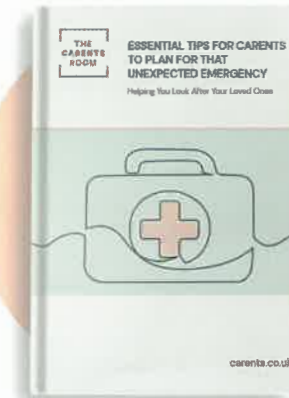
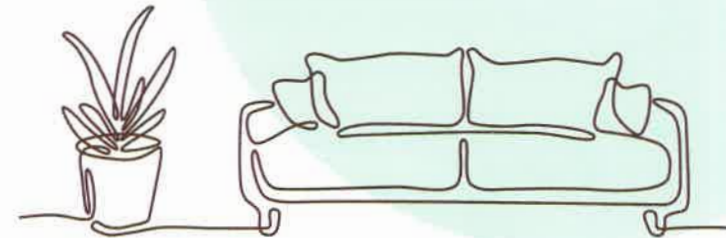
THE STORE CUPBOARD

with a growing
number of **innovative
products or
services** featured

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private
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community



Carents® is a registered Trademark



DOWNLOAD
OUR EBOOK



VISIT THE CARENTS ROOM
www.carents.co.uk

"The Carents room is amazing!
I thought it was incredible and is 100% top of my list for promotion, I spent a lot of time on your website and kept going back as it was so informative and easy to use. I just love what you are doing."

Emma Scargill Lead
Cadent Staff Parents and Carers
group Cadent Gas Limited

"It is an exceptionally well-researched and comprehensive resource. The support and information you provide are incredibly important."

Mrs Anne Brooks
Practice Manager, NHS Sele
Medical Practice Hexham

"I think this is a great idea. Finally, the sector is being considered... there is a need for it."

The Internet of
Caring Things®



THE
CARENTS ROOM
recommends elderly
relatives have priority
access to energy in
an emergency

the
PSR.co.uk

Sign up to The Priority Services Register (PSR)
www.thepsr.co.uk

Cadent
Your Gas Network

Northern
Gas Networks

THE
**CARENTS
ROOM**

ARE YOU
LOOKING
AFTER AN
ELDERLY
PARENT?



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